

# Shepherd's Fold Ranch

## Adventure Activities

---

### RELEASE AND ACKNOWLEDGEMENT

The Shepherd's Fold Ranch Adventure Program includes activities involving risks or injury. I understand that the challenge course and other activities will involve participation in exercises that are, by their nature, physically demanding and will subject the participant to stress, anxiety and possible hazards, not all of which can be foreseen.

**Please check any activities you DO NOT want your child to participate in.**

Horseback Riding (Trail Rides/Grooming)  Low Ropes Course  High Ropes Course  Rock Climbing Wall/Zip Line  
 Swimming/Canoeing  Rappelling  Archery  Hiking

The ropes course/climbing wall/rappelling includes jumping, climbing and walking on cables, logs, walls and beams at various elevated heights. Riding horses includes balance in the saddle while going up and down hills at a walk. Horses are living animals and, even though fully trained, they may act in unforeseen ways. There exists the possibility of certain health risks during these activities. These may include, but are not limited to, skeletal muscular injuries (e.g. strains, contusions or bone fractures) and cardiovascular related disorders (e.g. fainting, abnormal blood pressure, disorders of heartbeat and heart attack).

Because of the risks involved in participating in these activities, I recognize the importance of the instructions regarding the rules of the events. I agree to obey such instructions. In consideration of Shepherd's Fold Ranch permitting me to participate and engage in all activities related to their Adventure Activities, I hereby voluntarily assume all risks associated with participation in the challenge course and/or horseback riding and agree to release any and all rights or claims for damages against the SFR, its agents and employees from any and all liability. The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assignees and all members of my family. I understand that participation in all the Adventure Activities is voluntary and I can choose not to participate at any given time during the activity.

I hereby acknowledge and state that my participation in this activity is entered into as a free and voluntary act with full and complete knowledge of the risks involved.

In addition, in case of accident or need for medical attention, I give permission to Shepherd's Fold Ranch staff to take named participant to a doctor and/or emergency facility. (It is understood that all expenses for treatment provided will be borne by the parent, guardian or the participant.)

This release is executed and acknowledged on the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Participant's Signature: \_\_\_\_\_ Participant's Printed Name: \_\_\_\_\_

Parent/Guardian's Signature (if participant is under 18 years of age): \_\_\_\_\_

---

### PHOTO/MEDIA RELEASE

I, \_\_\_\_\_, grant to Shepherd's Fold Ranch, and persons acting for or through them, the right to use, reproduce, assign, and/or distribute photographs, films, videotapes and sound recordings of said participant, for use in materials they may create.

This release is executed and acknowledged on the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Participant's Signature: \_\_\_\_\_

Parent/Guardian's Signature (if participant is under 18 years of age): \_\_\_\_\_

---

**NO ONE WILL BE ALLOWED TO PARTICIPATE IN THE SHEPHERD'S FOLD ADVENTURE ACTIVITIES WITHOUT THIS COMPLETED AND SIGNED RELEASE FORM.**